

Scottish Parliament's Cross Party Group on Chronic Pain
Legacy Part 1: A brief summary of where we are

1. **Recruitment of National Lead Clinician for Chronic pain**
 - The new National Lead Clinician for Chronic Pain should be in office by the summer. A short-list of applications has been completed,
 - The National Lead Clinician will chair the Scottish Chronic Pain Project Steering Group and maintain its focus on developing the Scottish service model for chronic pain
2. **NHS QIS update** [Led by Sean Doherty NHS QIS]
 - Its objectives are to:
 - i. Support NHS Board Chronic Pain Networks,
 - ii. Develop core chronic pain dataset with ISD,
 - iii. Develop SIGN guidelines
 - NHS QIS will circulate an update report to the Cross Party Group prior to each of its meetings.
3. **SIGN Guideline on the Management of Non-malignant Chronic Pain** [Led by Dr Lesley Colvin]
 - Chronic Pain is included in the SIGN Guidelines' work programme, commencing 2011-12
 - There will be a breakout session on this at the launch of the Scottish Pain Research Community in March.
4. **Launch of the Scottish Pain Research Community (SPaRC)** [Thursday 31st March 2011, West Park Dundee]
 - SPaRC is a network of individuals across Scotland who are actively involved in chronic pain research and keen to share current knowledge and best practice.
 - It has been set up by the Scottish Chronic Pain Research Sub-group, under authority of Chronic Pain Project Steering Group.
5. **Chronic Pain Community Website** [Led by NHS QIS]
 - This new chronic pain website will be an information resource for both health professionals and the public
 - The website is similar to the ones for Vulnerable Families and Long Term Conditions.
 - The ownership of the Chronic Pain Community Website is held by the Scottish Chronic Pain Project Steering Group
 - The website was developed by NHS QIS and the Knowledge Services group within NHS Education for Scotland.
6. **The Learning Needs Analysis of Chronic Pain Management in Primary Care** [Led by Cheryl Harvey (NHS Education for Scotland (NES))]
 - This analysis was completed in November 2010.

- The new National Lead Clinician will work with NES and NHS QIS to progress its recommendations.
- The analysis built on the work done by the Chronic Pain Managed Clinical Network in NHS Greater Glasgow and Clyde
- It was commissioned by NHS Education for Scotland (NES)

Part 1 (Draft 1) prepared by Rosie Saunderson, Pain Concern

Legacy Part 2: Challenges for the future

The challenges for the future are to maintain support from MSP's after the May election. To keep a focus on achieving the recommendations of the GRIPS report, Parliamentary Questions need to be asked from all parties. There are many other health related & other interests with their own campaigning groups, so frequent reminders to Parliament of the magnitude of chronic pain as a health, economic & humanitarian problem will be needed.

The group should aim to engage with pain services from all regions of Scotland. Due to timing, location & perhaps lack of publicity, there are some parts of Scotland which may have been under represented at meetings. To tackle this we should communicate more widely the role of the XPG & seek out more involvement.

There should be involvement of General Practitioners, who see most patients with chronic pain. Encouragingly, Dr Martin Johnson has been appointed as UK Clinical Champion for Chronic Pain by the Royal College of General Practitioners (from 1st April 2011) & plans to attend the next meeting of the XPG in June. Also the recent education needs analysis carried out for QIS found that most GPs & Allied Health Professionals in Primary Care would welcome more training in pain management & that a 1/3 were interested in developing a special interest in pain.

There are many other aims of the GRIPS report which have been progressed by the Scottish Chronic Pain Steering Group, under the leadership of Dr Pete MacKenzie & the XPG can be satisfied that considerable progress has been made. Pete has been sorely missed & the appointment of his successor will be in the next month.

Much remains to be achieved in provision of Pain Management Programmes, in education of non Pain Specialists & the general public & in obtaining evidence of the health & economic benefits of Pain Management. It will take the continued enthusiasm & commitment of the XPG to ensure continued progress. We have many talented & enthusiastic individuals who can help us build a world class Pain Management Service in Scotland.

Part 2 (Draft 1) prepared by Dr Steve Gilbert, 9 March 2011